

We are a recognized patient centered medical home.



What is a Patient Centered Medical Home?

PATIENT CENTERED is a way of saying that you are the most important person in the health care system. You are at the center of your health care. A **Medical Home** is an approach to providing total health care. In a medical home you will join a team of health care professionals to help you with your health care. The doctors and staff here at Rhode Island Medicine are a part of your medical home. We are here to help you reach your health care goals. We will coordinate your care with other physicians to provide evidence-based care along with self-management support. The Patient Centered Medical Home (PCMH) Program is a model that emphasizes improving and maintaining healthy lifestyles. With a Medical Home, you and your team will work together. As an active member of the team, you will have a chance to explain things that are really important to you. To assist us with providing the best possible care, you will need to provide a complete medical history including any care you have received outside of our practice.

Follow-up Care

For Blue Cross Blue Shield and United Healthcare patients,* our **Nurse Case Manager (NCM)** is here on Wednesday mornings to help you organize your health.

Mariana Peterson, RN, BSN, CDOE
401-654-4000 ext 205

The services provided by your NCM are available at no extra cost. She is available to answer your questions. She can call you or meet with you to check on your progress. She can assist you with acute or chronic disease monitoring. This includes making and sustaining lifestyle changes.

Our office also has a **Doctor of Pharmacy** on staff. This service is beneficial for patients taking multiple medications or who have many chronic conditions to manage their medications. The pharmacist may also pinpoint side effects and adverse reactions and offer alternatives to the current medication regimen. Again, this service is provided at no extra cost for our Blue Cross Blue Shield and United Healthcare patients.*

Jennifer Leavitt, PharmD, CDOE, CVDOE
401-654-4000 ext 131

***For our patients with other insurance coverage, you may contact your insurance carrier to inquire about similar benefits.**



Specialized
Internal Medicine Care
focused on the patient

Irfan Ahmad, MD

Board Certified in Internal Medicine
Trained at Brown University
Clinical Asst. Prof. Brown University Medical School

Basilia Ramirez, MD

Board Certified in Internal Medicine

Elizabeth Granata, PA-C

Board Certified

Accepting New Patients

20 Cumberland Hill Road Suite 104
Woonsocket, RI 02895
(401) 765-4100

www.rimedicine.com

Monday	9:00am-4:30pm
Tuesday	9:00am-4:30pm
Wednesday	9:00am-4:30pm
Thursday	8:30am-5:00pm
Friday	9:00am-3:00pm
Saturday	9am-12pm, by appointment only

Evening appointments available by request

Urgent after Hours Contact 24/7 by calling (401) 765-4100

Our mission is to provide comprehensive and coordinated adult health care in a patient centered medical home office setting.

The vision of Rhode Island Medicine is one of patients enjoying their optimal health status through prevention of issues, or thorough management of complex medical problems. We respect your need for compassionate care, cultural sensitivity, understanding, and confidentiality.

Clinical care teams are available to provide synchronized and systematic health care. Our care teams coordinate with other facilities and specialists as needed, and deliver highly integrated evidence based care. The care teams include a provider, nurse care manager, pharmacist, and medical assistants.

Did you Know?

We use state of the art electronic health records system to provide and monitor high quality care.

We offer a variety of services right here in our office:

- ❖ Annual Preventive Exam
- ❖ Chronic Disease Management
- ❖ Immigration Physicals
- ❖ Adult Immunizations:
 - TDAP
 - Influenza
 - Hepatitis A and B
 - Pneumonia



- ❖ Lung Function Testing (Spirometry): This is used to diagnose or to assess COPD (emphysema) and Asthma. This also helps in objectively assessing response to treatment. Current or past smokers may have this test to screen for lung disease.
- ❖ Electrocardiogram (EKG): A low-cost test to assess heart rhythm. This is helpful in diagnosing heart disease.



- ❖ Holter Monitor: This is a 24-hour heart rhythm recording device used to detect abnormal heart rhythms.
- ❖ Ankle Brachial Index (ABI): This is a screening test for arterial occlusive disease of the legs (most commonly denoted by *pain in the legs while walking*). It is able to detect narrowing in the arteries of the leg with a painless measuring of the blood pressure at the ankle and in the arm while the patient is at rest.
- ❖ Continuous Glucose Monitoring (CGM): Measures blood glucose levels in real-time throughout the day and night. This can help in tracking specific time and triggers for low and high blood glucose levels.

